

STARTERS

chips & guacamole (v/gf) tortilla chips homemade guacamole and homemade salsa | \$12

chips & salsa (v/gf) chips with homemade salsa | \$6

quesadillas (gf)
cheese (vg) \$12 | chicken \$15 | steak \$15

spinach pesto crostini (vg) | \$8
fresh mozzarella, basil, balsamic glaze and olive oil on French bread

SALADS

garden side salad (v/gf) romaine, tomatoes, portabella, red onion, cucumber. Choice of dressing. | \$7
add chicken or bacon + \$3

beat salad (vg/gf) spring mix, pear, bleu cheese, red onion, red pepper, egg whites, avocado, almonds, and honey mustard vinaigrette | \$14

ahi tuna salad (gf) blackened ahi tuna, mesclun, avocado, tomato, sesame carrots, pickled ginger, red onion, cucumber, wasabi vinaigrette | \$17

PIZZAS

14" large – \$26 | 9" personal – \$16

cheese (vg), pepperoni or sausage

chorizo & goat cheese mozzarella, chorizo, corn, jalapeño, goat cheese

thai smoked chicken spicy peanut sauce, smoked chicken, mozzarella, sesame carrots, cucumber, roasted red pepper, red onion, fresh basil, jalapeños

goat cheese & sun-dried tomato (vg)
sun-dried tomatoes, goat cheese, caramelized onions, artichoke hearts, roasted garlic, mozzarella, fresh basil

spinach pesto pizza (vg)
fresh mozzarella, roma tomato, basil

TACOS | \$6 each

served on blue corn tortillas (gf)

steak: grilled steak, fresh mango pico de gallo, salsa, queso fresco

fish: baked tilapia, fresh mango pico de gallo, salsa, queso fresco

jerk pork: shredded pork, jerk seasonings, fresh mango pico de gallo, salsa, queso fresco

chicken fajita: roasted chicken, fresh mango pico de gallo, salsa, queso fresco

barbacoa cauliflower: (v/vg) braised cauliflower, homemade barbacoa sauce, fresh mango pico de gallo, salsa, queso fresco

thai shrimp: sautéed shrimp, fresh mango pico de gallo, thai peanut salsa, roasted coconut, queso fresco

coca-cola bbq rib: boneless rib marinated in homemade coca-cola bbq sauce, topped with coleslaw

smoked pork belly: smoked pork belly, lettuce, cherry tomato, pickled red onion, spicy avocado mayo

SANDWICHES

served with a choice of side salad or coleslaw

gluten-free bread + \$1
add vegan cheddar + \$2

black bean burger (v/vg) (gf) | \$16
Homemade black bean patty, lettuce, tomato, onion, avocado, homemade red pepper-garlic, mayo. (vegan mayo available upon request)

the beyond burger (v/vg) (gf) | \$17
the beyond burger meatless patty, lettuce, tomato, onion, avocado, homemade red pepper-garlic mayo. (vegan mayo available upon request)

(vg) veggie | (v) vegan | (gf) gluten-free