



THE SPA
AT TRUMP®

The Spa at Trump® is the glittering jewel of the Trump Hotels. The Spas celebrate the brilliance of nature, leading technology, and the personalized experience of each individual guest. Each spa offers the promise of services that are both unique and decadent, creating the perfect symmetry of luxury and well-being. From the moment a guest enters The Spa at Trump®, they are enveloped in a haven of relaxation. Our customized touch and experiential treatments make The Spa at Trump® the ultimate destination. The Spa at Trump® seeks to create pathways for each guest to inner health and external beauty.

CHICAGO
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The Spa at Trump® offers a uniquely customized level of service where each moment of the journey caters to the guest's selected intention. Through the careful stimulation of the senses, the Trump Inspired Personal Intentions allow guests to select the service that will guide their experience and create their desired results.

Purify

Tailored to cleanse and enlighten both the body and mind.

Balance

Created to restore depleted energy and stimulate creativity.

Revitalize

An energy boost invigorating the body and revealing an uplifted inner self.

Calm

Designed for tranquility, creating a state of complete relaxation.

Heal

Renew the spirit, ease the mind and soothe the body.

Signature Gemstone Spa Treatments

Offering serenity and healing through precious gem infused oils combined with rare flower and herbal essences; these rich oils contain real diamonds, emeralds, rubies, or sapphires.

Balancing Diamonds Massage | 90 Minutes

Balancing

Diamonds have been used since ancient times to balance the Crown Chakra, providing clarity, inspiration, and enlightenment. The oils used in this massage are infused with the healing benefits of precious diamonds and botanical essences saturating the skin and creating the ultimate indulgence.

PURIFYING EMERALDS MASSAGE | 90 MINUTES

Purify

Emeralds are said to hold the energy of the Earth, integrating harmony, compassion and well-being. Precious emeralds represent the Heart Chakra and are infused into the oils used in this massage, inspiring the benefits of essential herbs and flowers.

Revitalizing Rubies Massage | 90 Minutes

Revitalize

The deep reds of the ruby represent the grounding principles of the Root Chakra. When in balance, the body is invigorated and vivacious, stimulating stability and creativity. Oils containing the infused properties of rubies are used to revitalize the body, clear any negativity, and reveal an uplifted inner self.

Calming Sapphires Massage | 90 Minutes

Calm

The sapphire's rich indigo blue represents the Third Eye Chakra, symbolizing wisdom and inner peace. Experience stillness and quiet thought during this healing treatment. Oils infused with sapphires inspire tranquility and calm your mind, leaving you relaxed and at peace.



Relaxation Path of Experiences

Our highly trained spa staff is available to attend to your every need during your spa journey and will assist with the selection of a locker, robe, and fresh fruit infused water. In order to fully experience what The Spa at Trump© has to offer, be certain to arrive at least 45 minutes prior to your scheduled appointment time.

HOT SAUNA TRADITION

Heal

This Scandinavian ritual relies on the healing powers of dry heat to stimulate circulation and detoxification.

PURIFYING STEAM ROOM

Purify

The steam room can be incorporated at the beginning and end of your Path of Experiences. The healing benefits of our eucalyptus steam room include hydration, detoxification, increased circulation, and tension release.

DELUGE SHOWER EXPERIENCE

Revitalize

Enjoy a unique experience in our mood-enhancing deluge shower with chromotherapy and nine deluxe shower heads for total immersion. Each one is separately adjustable for water flow direction and pressure to accommodate your height and skin sensitivity. Our luxurious deluge shower is custom to The Spa at Trump© and will provide an unsurpassed showering experience.



Signature Services Exclusive to Chicago

Leave the outside world behind and experience urban renewal with an unforgettable Chicago spa experience. Each Spa at Trump® will offer a selection of services exclusive to its individual location. At Trump International Hotel and Tower® Chicago, guests can experience our exclusive treatments designed to combat the harsh effects of city life using a combination of ancient and modern techniques to melt stress and energize the mind and body.

Chicago Diamond Experience Facial | 90 Minutes Revitalize

Natura Bissé has partnered with The Spa at Trump to create a one of a kind luxury treatment that can only be experienced at The Spa at Trump Chicago. This facial will energize your appearance and is designed to reboot dull skin from environmental stress and DNA damage all while improving definition of facial contour and dramatically restoring elasticity, skin texture and tone. A triple exfoliating treatment (mechanical, enzymatic and chemical) formulated with 5 AHAs will produce visible results in just one treatment, and a Shiatsu facial massage featuring Quartz Gem therapy will balance the body's energy and promote self-healing.

Chicago Diamond Rose Experience Ritual | 90 Minutes Calm

Allow the Chicago Diamond Rose Experience Ritual to transport you to a lush rose garden in full bloom, while being pampered from head to toe. Begin your exclusive journey with a relaxing full body massage with Diamond Rose Absolute Oil. Next, allow the exfoliating properties of Diamond Dust to revitalize the body for a luminous glow. This treatment is packed with essential oils and nourishing active ingredients to truly revitalize the body and mind leaving you stress-free and feeling like your most beautiful self.



Shopping Recovery | 60 Minutes

Balance

Put your feet up, your bags down, and take a break to recover and relax. Chicago is known for its trendy fashion boutiques and high-end shopping. With The Magnificent Mile and State Street just blocks away from The Spa at Trump© Chicago, this unique service will pay special attention to tired legs and soles ending your day of retail therapy with the healing qualities of massage therapy.

Ultimate Urban Neck & Shoulder Massage | 60/90 Minutes

Heal

A focused, stress relieving service that combines compression and acupressure massage techniques while alternating hot and cold volcanic rocks coupled with specially formulated Shea butter to penetrate deeply into muscles and joints. This treatment will be one you will want to revisit time and time again to balance life, work, or sports conditions that affect the back, neck and shoulder area.

Ultimate Urban Indulgence | 120 Minutes

Purify

Indulge your body, mind, and spirit in the restorative powers of deeply relaxing quality time. Our superbly trained therapists offer a two-hour experience which starts with a custom massage and finishes with a specifically tailored facial based on your own personal needs. This is truly a lavish luxury in the Trump tradition of extravagance.



Trump Spa Classics

Choose from one of the sophisticated Trump Spa Classics and allow one of our skilled therapists to eliminate your tension.

Inspired by rituals around the world, the Trump Spa Classics are deeply rooted in authentic tradition and enhanced with the latest techniques. Let our expert team draw upon their intuition to listen to the body's needs, as well as your personal requests, to provide an experience created especially for you.

For a shared spa service, consider any of our Trump Spa Classics or Signature Gemstone Treatments for a relaxing day with a friend or significant other in our luxuriously appointed dual spa suite.

Massage Therapies

The Classic Trump Massage | 60/90/120 Minutes

Calm

This universal massage encourages full body relaxation through the healing power of touch. Gentle pressure and long, flowing strokes result in relaxation, improved circulation, and a welcome state of serenity.

THERAPEUTIC MASSAGE | 60/90/120 MINUTES

Heal

Restore deep layers of muscle tissue embedded with everyday stress, chronic patterns of tension, and Lactic Acid build-up. Concentrated strokes, finger pressure, and joint mobility techniques separate and realign connective tissues creating full body wellness. We recommend spending fifteen minutes in our wonderful eucalyptus steam room or dry heat sauna prior to your appointment to enhance the healing benefits of this service.

Aroma Infused Massage | 60/90/120 Minutes

Calm, Balance, Purify, Heal, Revitalize

This personalized experience captures the art of massage with the healing benefits of botanical oils and aromatherapy, reflecting your chosen intention and transporting you to a profound state of relaxation.



Prenatal Massage | 60/90/120 Minutes*

Heal & Revitalize

Allow our accomplished therapists to nurture the expectant mother with their understanding of her ever-changing body and individual needs. Utilizing body support cushions to provide ultimate comfort, this treatment will create a serene environment just for her to unwind and destress.

**We require our prenatal guests to have completed their first trimester prior to booking this service.*

Reflexology | 30 or 60 Minutes

Revitalize

This ancient art utilizes strategic pressure points located on the ears, hands, and feet that correspond to organs and systems of the body via the nervous system. Your entire body will benefit as you experience an overall reawakening of vitality and strength.

Balancing Chakra Massage | 60/90/120 Minutes

Balance

The seven chakras are the vital energy centers that control many aspects of the body and brain, including healthy function and emotional well-being. A pretreatment consultation will identify which of the 7 chakras need balancing based on your emotional and physical makeup. Traditional massage techniques, combined with specific oils, create a harmonious relationship among the seven chakras promoting a sense of prosperity through holistic therapy.

Thai Massage | 60/90 Minutes

Purify & Revitalize

The traditional approach to Thai medicine suggests the mind, body, and spirit are connected and interactive. Your therapist will incorporate chakra balancing oils, acupressure, and passive Thai stretching techniques to ensure complete and total harmony. To continue your journey, you will be provided with a list of suggested items to further harmonize your life at home.

Hot Stone Massage | 60/90/120 Minutes

Purify

Earth, Air, Fire, and Water unite with body balancing oils and stress-absorbing volcanic stones to provide the ultimate in healing techniques. Muscles are cleansed of stress and tension as you surrender to the grounding benefits of this exceptionally relaxing stone therapy.

Additional Modalities | 30/60/90 Minutes

Please inquire about unique, custom and experimental modalities, as our skilled therapists have spent years developing their repertoire and are available to share their knowledge in a custom treatment not listed on this spa menu.

Please see our “Exclusive to Chicago” portion of the menu for additional massage therapies.



Body Therapies

O2 Body Perfection | 60 Minutes

Balance

Relax your mind and rejuvenate the body with this treatment highly recommended for dull, dry, and dehydrated skin. Full of antioxidants to oxygenate the skin and purify any stored toxins, the O2 Body Perfection will deliver intense hydration and maximum elasticity to leave you with a youthful, luminous appearance in just 60 minutes.

Citrus Drench Wrap | 60 Minutes

Revitalize

Experience a rejuvenating full body citrus experience with our Natura Bissé Citrus Drench Wrap. Ideal for sun worshipers, this intense treatment provides your body with a lush exfoliation and deep hydration from head to toe. Packed with natural ingredients, Shea butter, and ascorbic acid, this wrap will help fight free radicals and sun damage while reducing any signs of premature aging leaving your skin glowing and healthy.

Detox Marine Essence | 60 Minutes

Purify

The Detox Marine Essence boosts the body's natural resources to renew and detoxify using a luscious wrap for relaxation and maximum absorption. An exotic bamboo scrub preps the skin to receive a potent combination of vitamins, minerals and enzymes that penetrate and stimulate. An exquisite decongesting massage technique concludes this experience, leaving the skin and body feeling deeply refreshed and purified.

Body Radiance Salt Scrub | 60/90 Minutes

Revitalize

This deep cleansing, exfoliating salt scrub is a relaxing and healthy indulgence. A blend of salts and essential oils are massaged into the skin to remove impurities and dead skin cells while stimulating circulation. The treatment concludes with a luxurious smoothing and hydrating lotion to leave the skin divinely satin with an iridescent veil.

Please see our "Exclusive to Chicago" portion of the menu for additional body therapies.



Skin Care

The Spa at Trump® invites you to enjoy inspired, state-of-the-art treatments created by the highly advanced team at Natura Bissé. The award-winning luxury skincare company based in Barcelona, Spain is known for their ability to combine the most progressive trends with technological innovation and traditional therapies to create gorgeous facials that produce stunning results. Whether you're looking for an expert opinion on your skin care concerns, or just a relaxing moment to unwind, Natura Bissé has truly created something special for everybody.

The Ultimate Facial | 90 Minutes

Calm & Heal

The ultimate luxury in skin care, this customized 90-minute treatment includes a super hydrating oxygen treatment using hyperbaric oxygen technology to infuse the skin with plumping and hydrating nutrients. Red, blue, and amber LED light technology is used to stimulate collagen and elastin production from the inside out and kill any breakout causing bacteria. After a deep cleanse, and exfoliation to brighten your appearance, conclude this results-driven facial with a soothing foot massage to look and feel your absolute best.

Citrus Essence Facial | 60 Minutes

Revitalize

This citrus-based ritual for radiant skin is recommended for anyone seeking to recapture skin's luminosity and firmness through a relaxing citrus aromatherapy experience. This exquisite treatment awakens your senses while infusing skin with all of the energy in Vitamin C. Its extraordinary anti-oxidant action repairs even the most vulnerable skin, unveiling a completely hydrated, revitalized complexion that showcases your true radiance.



Diamond White Facial | 60 Minutes

Purify

If you are looking to visibly diminish the appearance of spots from sun damage, age spots, melasma or hyperpigmentation, and improve the texture of the skin, this luxurious and refreshing facial will be sure to provide results leaving the skin radiant and luminous walking away with a healthy glow.

NB Ceutical Skin Comfort Facial | 60 Minutes

Calm

Ideal for sensitive and reactive skin types that display conditions such as red spots, dilated capillaries or inflammation, this treatment combines ingredients that repair and decongest, thanks to its ultra-softening botanical ingredients. Specifically designed to instantly reinforce the skin, this tailored facial is a serious answer for hypersensitivity and rosacea.

Essential Shock Facial | 60 Minutes

Balance

Shock your skin into optimal health with a unique cocktail formulated to combat premature aging and maintain plump, hydrated, and wrinkle free skin. This unique repairing treatment will stimulate the skin's cellular function to fight premature aging caused by hormonal fluctuations leaving your skin completely rejuvenated, firm, and wrinkle-free.



Detox Facial Cure | 60 Minutes

Heal

This luxe treatment is a true antidote against the ravaging effects our modern lifestyle has on our skin. Excellent for those who are prone to breakouts, this treatment includes an innovative enzymatic detox as well as relaxing steam to open and purify pores. A meticulous extraction process reveals extraordinarily soft, radiant skin and a glowing appearance from within.

Gentleman's Facial | 60 Minutes

Purify & Revitalize

Restore lost vitality and comfort due to stress, lack of time and your daily shave with this superb treatment especially created for men's skin care. The combination of highly effective products adapts to the needs of each skin type, delivering maximum hydration, firmness and luminosity. Inspired by the techniques used by traditional barbers, this facial incorporates a face-stimulating massage to give your skin a clean, fresh, youthful appearance.

Cleansing Back Treatment | 60 Minutes

Balance & Purify

Exceptional for those looking to treat the skin in harder to reach areas, this treatment is like a luxurious facial for the skin on your back. Begin your experience with warm steam and a deep cleanse which helps to open pores and soften skin. One of our skilled estheticians will then perform a professional exfoliation to remove dead skin cells and ensure cell turnover; extractions will be performed on clogged pores if necessary. This treatment concludes with a relaxing massage and a powerful mask based on your own skin concerns, leaving the skin clean and healthy.

Please see our "Exclusive to Chicago" portion of the menu for additional skin care treatments.



Especially For Couples

Exclusive Couples Retreat | 120 Minutes

Calm

Begin your romantic ritual in our couples soaking tub immersed in skin-softening salts and lush essential oils. Enjoy a glass of champagne and chocolate covered strawberries with your loved one as our soothing tub soak eases you into a state of tranquility. Following your tub soak, surrender to the relaxation of a customized ninety minute couples massage just steps away while candles and music set the tone. Complete your journey with an exclusive gift to continue your relaxation at home.

Chardonnay Indulgence for Two | 90 Minutes

Balance

Immerse yourself in the ultimate vinotherapy experience for two. Your decadent journey begins with a warm relaxing moment in our deep soaking tubs with Chardonnay bubble bath. Chardonnay Grape Seed Extract is 7 times more potent than Vitamin E as an antioxidant, leaving your skin silky soft and refreshed from head to toe. Then, experience a new level of full body luxury with a friend or loved one with a sixty minute side-by-side massage to ease muscle tension and stress. Includes 2 glasses of Chardonnay to make this a truly indulgent experience you will never forget.

Soul-to-Soul Massage | 90 Minutes

Calm, Balance, Purify, Heal, Revitalize

Submerge into your chosen intention as you soak in a relaxing bath next to your companion. Experience togetherness that enables you to enjoy each other through the sense of touch as you both receive a customized massage using essential aromatherapy. You will complete your service feeling fully relaxed and truly connected with your partner.

Allow us to customize your dual spa experience with any of our 60/90 minute massage services.



Healing Care For Hands And Feet

For those important finishing touches, choose from our selection of beauty services to complete your spa journey. Each product is carefully personalized to ensure that maximum results are achieved and you are left with healthy, hydrated nails and an overall sense of splendor. Each treatment soothes and nourishes while easing muscle tension and softening the skin. Allow your hands and feet to benefit from nature's most precious gifts, and emerge beautifully manicured and fully energized from head to toe.

Diamond Rose Manicure & Pedicure | 60/90 Minutes Calm & Balance

Your lush journey begins with a rose exfoliation containing diamond dust to luxuriously soften the skin on your hands or feet. A relaxing massage with Damask Rose Oil will leave you feeling silky soft to the touch. Finally, enjoy nail shaping, cuticle care, and polish application of your choice to complete your experience.

Citrus Drench Manicure & Pedicure | 60 Minutes each Revitalize

Begin your experience with a relaxing soak in essential oils followed by the juicy scents of Natura Bissé C+C Vitamin Body Scrub to exfoliate and restore circulation. Full of antioxidants that fight free radical damage and premature aging, this treatment is perfect for anybody looking for soft, healthy skin on the hands or feet. A soothing massage and cuticle care concludes these delicious treatments. Includes your choice of buff or polish.

02 Perfection Manicure & Pedicure | 45 Minutes each Purify

Erase years of stress and reveal smooth, supple and comfortable skin on the hands or feet. Designed for those with dull, dehydrated, or cracked skin, these deluxe treatments deliver superior hydration and ultimate comfort. The damage caused by external aggressors will instantly disappear to reveal radiant, revitalized skin. Nail and cuticle care with your choice of polish finishes your oxygen experience.

Classic Manicure & Pedicure | 30 Minutes/45 Minutes

Our detailed treatments begin with aromatic soaks and nail grooming with clipping, shaping, and buffing, paying special attention to cuticles. A hydrating aromatic massage with choice of nail color complete these classic nail treatments.

French Manicure & Pedicure | 45 Minutes/60 Minutes

Begin with our classic manicure or pedicure and finish with Parisian polish for a classic, sophisticated look.

Express Pedicure | 30 Minutes

Short on time but still looking for beautifully pampered toes? Our Express Pedicure will trim, shape, and polish your nails in 30 minutes, leaving your feet perfectly groomed and lusciously soft with plenty of time to spare.

TINTING AND WAXING SERVICES

Lash Tinting	<i>15 minutes</i>
Brow Tinting	<i>15 minutes</i>
Brow, Lip, or Chin Wax	<i>15 minutes</i>
Underarm Wax	<i>15 minutes</i>
Bikini Wax	<i>30 minutes</i>
Brazilian Bikini Wax	<i>45 minutes</i>
Half Leg Wax	<i>30 minutes</i>
Full Leg Wax	<i>60 minutes</i>
Full Leg + Bikini Wax	<i>90 minutes</i>
Back Wax	<i>60 minutes</i>



About Your Spa Experience

Welcome to The Spa at Trump® Chicago. We are pleased to offer the ultimate spa experience which includes use of our Health Club, pool, and full amenity locker rooms with steam rooms, saunas, and a Kohler Deluge shower.

APPOINTMENTS AND RESERVATIONS

We strongly recommend that you schedule spa appointments prior to your arrival. Reservations are subject to availability and must be guaranteed with a membership number or credit card.

CANCELLATION

Treatment times are reserved especially for you. We kindly request that cancellations or appointment modifications be made at least 24 hours in advance for single treatments and 48 hours in advance for multiple treatments. Failure to follow this policy will result in 50% charge of services to your credit card. No call/no show appointments will be charged in full.

SPECIAL HEALTH CONSIDERATIONS

Please notify our reservations department if you have high or low blood pressure, allergies, any physical ailments, special needs, or if you are pregnant. This information may also be completed on your personal Welcome Dossier upon arrival at The Spa.

ARRIVAL

We suggest that you arrive at least 45 minutes prior to your appointment time. This will allow ample time to sign in and enjoy our Relaxation Path of Experiences in our well-appointed locker rooms and relax in our lounge areas, steam room, or swimming pool.

LATE SHOW

As a courtesy to following guests, late arrivals will only receive the remaining available appointment time and will be charged in full.

CHOOSING YOUR TREATMENT

Our spa reservation team will help you plan the perfect spa experience based on your specific needs.

ATTIRE

A robe, slippers, and day locker will be provided for you upon arrival to The Spa. Disrobe to the level of your own personal comfort.

SHAVING

Shaving is not recommended prior to any body exfoliation treatments, facial treatments, or hair removal services.

AGE REQUIREMENT

All Spa guests must be 16 or older to schedule a treatment or utilize our Health Club. Guests under 16 may enjoy our pool when accompanied by an adult.

CELLULAR PHONES

In consideration of our other guests, we ask that you turn off any electronic devices before entering The Spa.

PAYMENT AND SERVICE CHARGES

We accept all major debit and credit cards. Hotel guests may also charge the service to their room and Spa Members may charge services to their Spa account. For your convenience, a 20% gratuity will be automatically included in your bill. This charge is always billed at the guest's discretion.

VALUABLES

Our recommendation is not to bring valuables to The Spa. The Spa is not responsible for any damage or loss of personal belongings.

SPA HOURS

Sunday – Saturday
8:00 am – 9:00 pm

HEALTH CLUB HOURS

Sunday – Saturday
5:30 am – 10:00 pm

GIFT CARDS

Spa gift cards are a wonderful way to give the gift of health, relaxation, and beauty to the special people in your life. We will be more than happy to assemble a group of services to fit any personality or special occasion. Gift cards may be purchased at the front desk, by phone, or online and may not be redeemed for cash.

FOR RESERVATIONS:

312-588-8020

FOR MEMBERSHIP:

312-588-8126



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