

THE SPA AT TRUMP®

FITNESS CLUB

Fitness and Wellness Services

Our team of Personal Trainers and Fitness Instructors is available to design and create a personalized program to achieve your fitness and wellness goals.

PERSONAL TRAINING AND PRIVATE LESSON PACKAGES

The mission of The Spa at Trump Fitness Team is to educate and motivate individuals to achieve their fitness goals and exceed their expectations through personalized instruction and guidance designed to enhance results and provide improved quality of life.

INDIVIDUAL SESSIONS	SIGNATURE STRETCH SESSIONS	½ HOUR SESSIONS
One Hour Session \$90.00 per session	45 Minute Session \$80.00 per session	One ½-hour Session \$50.00 ½ per session
Three Session Package \$85.00 per hour Total: \$255	n/a	n/a
10 Session Package \$80.00 per hour Total: \$800	10 Session Package \$75.00 per session Total: \$750	10 ½-hour package \$45 per ½ hr session
Twenty Session Package \$75.00 per hour Total: \$1500	n/a	n/a

The packages above can be used towards:

*Personal Training • Pilates Reformer/Mat Sessions • Cardio Training
Private Yoga Sessions • Dance Lessons • Swim Lessons • Health Coaching*

TO LEARN MORE, PLEASE CONTACT JEREMY ANICIETE
AT 312.588.8126 OR JANICIETE@TRUMPHOTELS.COM